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MANIFESTO MANIFESTO

MANIFESTO FOR COMPREHENSIVE SEXUAL EDUCATION (GREECE)

1 Following the recent news, the necessity of inclusive Sexual education is highlighted:

a) a 15-year-old gives birth in the bathroom of the General Hospital of Katerini, unaware that she is pregnant, and the baby is found alive in the trash by the hospital staff, b) the sexual—and not only—abuse of four children of a police couple by their parents is revealed, c) the “sex roulette game”—a challenge on TikTok that involves underage and young girls who engage with strangers, and whoever gets pregnant loses. But even from field experience, this necessity is strongly demonstrated, as students even at the end of their teenage years have not fully understood or are unaware of basic concepts that align with the prevention of gender-based violence, such as consent and forms of sexual harassment.

- 2 In a healthy school, there are female students, male students, teachers, parents, and school staff. In a healthy school, there are female students, male students, teachers, parents, and school staff. The educational material would be beneficial if it addressed all members of the school community and could include resources for both physical and digital use.
- 3 Inclusive sexual education should ideally start at preschool and continue through high school. The modules in which students will be trained, as well as the accompanying educational supervisory material, will follow the cognitive and emotional needs of each developmental stage. In other words, the educational material must be appropriate for each age group. The aim is to gradually teach children the importance of genuine respect for diversity and human variety and to free new generations from fears and incidents of violence due to ignorance, stereotypes, and discrimination.
- 4 Indicative sections within the framework of Inclusive Sexual Education could include:
 - a) self-protection: the underwear rule, b) gender identities—clarification of terms, c) building healthy close interpersonal relationships—communication, social, and emotional skills, d) sexually transmitted diseases—prevention and management, e) maintaining sexual and reproductive health.

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- 5 Indicative educational means for the implementation of inclusive sexual education are
 - a) educational videos, b) role-playing games, c) case studies, d) educational visits, and the possibility of direct communication with professionals from the fields of mental and physical health, such as gynecologists, obstetricians/midwives, health visitors, psychologists, and trained professionals with updated material.

Indicative educational tools for the implementation of inclusive sexual education include

- a) educational videos, b) role-playing games, c) case studies, d) educational visits, and the possibility of direct communication with professionals in the field of mental and physical health, such as gynecologists, obstetricians/midwives, health visitors, psychologists, and trained and updated professionals.

- 6 Within the framework of comprehensive sexual education, not only students but also significant adults, such as parents and teachers, will participate. In the context of comprehensive sexual education, not only students but also significant adults, such as parents and educators, will participate. It is proposed to conduct parent schools and educational workshops for teachers, as well as to connect parent and teacher associations with local structures (e.g., health centers with midwifery departments, family planning, counseling & examination offices for sexual health, etc.) for information, education, and counseling.
- 7 Our intention in the future is to create educational material in the Greek language on the subject of Inclusive Sexual Education, which will be submitted to the Institute of Educational Policy (I.E.P.) for approval. Our intention for the future is to create educational material in the Greek language on the subject of Inclusive Sexual Education, which will be submitted to the (Greek National) Institute of Educational Policy (I.E.P.) for approval. The ultimate goal is for the material to be used as a complete guide by secondary school teachers and social and human sciences researchers so that health education programs can be put in place and research can be done based on the educational interventions that will be used.
- 8 It is suggested that there should be an annual conference on sexual education across the whole of Europe and the United States. At this conference, good examples of how health education programs can be used in regular and special schools can be shared, along with ideas for future research projects and field activities. It is proposed to establish an annual nationwide and European conference on Sexual Education, where successful practices from the implementation of health education programs in general and special education settings can be presented, as well as proposals for future research actions and field activities.
- 9 In collaboration with NGOs and various organizations, the goal is to implement pan-European programs for the education of teachers and students in order to create a fertile dialogue among partners for the development of innovative sexual education actions. In collaboration with NGOs and various organizations, the goal is to implement pan-European programs for the education of teachers and students in order to create a fertile dialogue among partners for the development of innovative sexual education actions.
- 10 In the context of the systemic holistic intervention, it is proposed to create a website and a helpline for parents, educators, and students, where they can seek counseling support as well as receive educational/informational material with targeted themes in sexual education, such as the prevention and treatment of sexually transmitted diseases and close interpersonal and cross-gender relationships.

11 Finally, one of the purposes of this manifesto is also to raise awareness among official bodies about the need to design updated and inclusive health education programs for the student population regarding sexual and reproductive health, so that there is unity and support for everyone's efforts to combat gender-based violence in schools. Finally, one of the purposes of this manifesto is also to raise awareness among official bodies about the need to design updated and inclusive health education programs for the student population regarding sexual and reproductive health, so that there is unity and support in everyone's efforts to combat gender-based violence in schools.

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